

FREE OUTDOOR FITNESS & ACTIVITY CAMPS

STARTS WEDNESDAY 2ND MARCH 2016
FAIRWATER PARK

BESIDE THE SALES OFFICE, FAIRWATER BOULEVARD
OFF 79 RICHMOND ROAD, BLACKTOWN

Time	Mon	Tue	Wed	Thurs	Fri
9.30am daily	X-TRAINING 	BOXING 	X-TRAINING 	BOXING 	YOGA 

EACH CLASS RUNS FOR 45 MINS.

FREE FOR EVERYONE 18 - 99!



LIVE LIFE



YOU'LL MEET
NEW FRIENDS



GREAT ADVICE



EASY, DELICIOUS
NUTRITION PLANS



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AND GET A FREE TAILORED NUTRITION PLAN!

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